

GENERAL CONFERENCE OF  
SEVENTH-DAY ADVENTISTS



# YOUTH ALIVE

FULLY ALIVE! HEALTHY YOUTH CONNECTED FOR MISSION





## # WHAT IS YOUTH ALIVE?

YOUTH ALIVE IS A YOUTH DISCIPLESHIP PROGRAM DESIGNED TO BUILD RESILIENCE AMONG TEENS AND YOUNG ADULTS BY INSPIRING AND EQUIPPING THEM TO MAKE HEALTHY CHOICES.



## WHAT IS THE PURPOSE OF YOUTH ALIVE?

- TO DISCIPLE AND EMPOWER YOUTH WITH A SENSE OF PURPOSE
- TO ENABLE THEM TO SERVE OTHERS AND TO ACTIVELY WORK TO FULFILL GOD'S MISSION.
- TO INSPIRE YOUTH TO ACCEPT GOD'S GIFT OF SALVATION AND HIS CHALLENGE TO LIVE FOR CHRIST.

## HOW DOES YOUTH ALIVE ACCOMPLISH ITS PURPOSE?

- INSPIRES YOUTH TO CONNECT WITH GOD, WITH OTHERS, AND TO FIND THEIR OWN PURPOSE FOR LIVING.
- NURTURES POSITIVE RELATIONSHIPS WITH ADULTS AND OTHER YOUTH THROUGH A MENTORING PROCESS.
- ENGAGES YOUTH TO BECOME LEADERS OF VIBRANT YOUTH ALIVE CLUBS AND FRIENDSHIP GROUPS IN THEIR HOME CHURCH.
- INTEGRATED THE COLLABORATION OF SEVERAL MINISTRIES (HEALTH, YOUTH, FAMILY, EDUCATION, GLOBAL MISSION AND PUBLIC CAMPUS MINISTRIES) PROVIDING AN ADVISORY BOARD TO ENSURE THE PROGRAM'S LONGEVITY.

## YOUTH ALIVE MODEL

THE YOUTH ALIVE MODEL INCORPORATES THE ICOR (CHURCH OF REFUGE) VALUES FOR YOUTH DISCIPLESHIP:

1

**REACH IN**  
FOSTER RELATIONSHIPS

2

**REACH UP**  
NURTURE SPIRITUAL GROWTH

3

**REACH OUT**  
PROMOTE MISSION

4

**REACH BEYOND**  
CULTIVATE EMPOWERMENT

# WHY DO WE NEED YOUTH ALIVE?

MANY TEENS AND YOUTH TODAY ARE TRAPPED, BECOMING ENSLAVED BY ADDICTIONS (ALCOHOL, TOBACCO, DRUGS, PORNOGRAPHY, GAMING, MEDIA, AND MORE), VIOLENCE (GANGS, CRIME), PRE-MARITAL SEX AND EARLY PREGNANCY (MULTIPLE PARTNERS, UNCOMMITTED RELATIONSHIPS), AND DROPPING OUT OF SCHOOL. YOUTH ALIVE FOCUSES ON NURTURING RELATIONSHIPS THAT BUILD RESILIENCE AGAINST THESE AT-RISK BEHAVIORS THAT PLAGUE YOUNG PEOPLE AROUND THE WORLD. YOUTH ALIVE PROMOTES A HEALTHY, PURPOSE-DRIVEN LIFE FOR YOUNG PEOPLE THROUGH AN EVIDENCE-BASED POSITIVE, PEER PREVENTION PROGRAM.

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**POSITIVE:** THE PROGRAM FOCUSES ON POSITIVE ALTERNATIVES WITH CHRIST, THE HIGHEST POWER, RESULTING IN POSITIVE INTERPERSONAL RELATIONSHIPS WITH ONE ANOTHER. PARTICIPANTS TREAT ONE ANOTHER WITH RESPECT, DIGNITY, AND HONOR. THIS ATTITUDE PROMOTES A FEELING OF COMPLETE ACCEPTANCE.

**PEER:** IN THIS PROGRAM YOUTH AND ADULTS ARE REACHING OUT TO OTHER YOUTH, CHILDREN, AND ADULTS TO ENCOURAGE THEM TO MAKE HEALTHY CHOICES, FREE FROM ADDICTIONS.

**PREVENTION:** YOUTH ALIVE FOCUSES ON THE THEME "MY CHOICE-FULLY ALIVE," PRESENTED THROUGH ALL COMPONENTS OF THE PROGRAM. THIS ENCOURAGES COMMITMENT FOR HEALTHY LIVING FOR ALL THE PARTICIPANTS, INCLUDING THOSE WHO MAY HAVE ALREADY CASUALLY EXPERIMENTED WITH DRUGS OR OTHER AT-RISK BEHAVIORS.

**PROGRAM:** YOUTH ALIVE IS INTERGENERATIONAL AND INCLUDES NOT ONLY YOUTH BUT THE VITAL PARTICIPATION OF QUALIFIED ADULT PRESENTERS AND FACILITATORS.



“My Choice,  
Fully Alive”



YOUTH  ALIVE



# # PROGRAM COMPONENTS



- FACILITATOR'S TRAINING
- LARGE CONFERENCE OR RETREATS
- LOCAL YOUTH ALIVE CLUBS
- FRIENDSHIP GROUP MEETINGS
- ONLINE PORTAL AND APP WITH RELEVANT CONTENT FOR YOUTH
- LEADERSHIP PLATFORM FOR LEADERS
- ONGOING LEARNING OPPORTUNITIES FOR PARENTS, LEADERS AND YOUTH
- MISSION OUTREACH ACTIVITIES

## HOW CAN I GET INVOLVED IN YOUTH ALIVE AS A LEADER?



GET IN TOUCH WITH  
THE YOUTH ALIVE  
COORDINATOR IN  
YOUR REGION.



ATTEND A YOUTH  
ALIVE LEADERS'  
TRAINING AND  
CONFERENCE.



REGISTER AT THE  
YOUTH ALIVE PORTAL  
AND THE ONLINE  
LEADER'S PLATFORM.



CONTACT US  
FOR MORE  
INFORMATION ON THE  
ABOVE STEPS.

# THE YOUTH ALIVE PLEDGE

I PLEDGE TO CHOOSE JESUS CHRIST AS MY HIGHEST POWER

I WANT TO BE HEALTHY AND HAPPY

I WILL SAY NO TO ALCOHOL

I WILL SAY NO TO TOBACCO

I WILL SAY NO TO ILLEGAL DRUGS

I WILL SAY NO TO PORNOGRAPHY

I WILL SAY NO TO COMPULSIVE GAMING

I WILL SAY NO TO ANY UNHEALTHY BEHAVIOR

I WILL HELP MY FRIENDS TO SAY NO TO THESE THINGS ALSO

I PLEDGE TO STAND UP FOR WHAT I KNOW IS RIGHT  
MY CHOICE, FULLY ALIVE!



## HERE IS WHAT KIDS AND ADULTS HAVE SAID ABOUT YOUTH ALIVE

"I KNOW THAT I DID DRUGS BECAUSE OF A LACK OF SECURITY AND LOVE AND A NEED TO BELONG. AND I FOUND THAT IN MY DRUGGIE CIRCLE, BUT IT WASN'T WHAT I WAS REALLY LOOKING FOR. WHAT I WAS LACKING WAS GOD AND SUPPORT. AND THAT'S EXACTLY WHAT I GET AT THE YOUTH ALIVE PROGRAM." (AMERICAN)

"ONE THING IS TO READ THE MANUALS, BUT ANOTHER THING IS TO HAVE A LIVING EXPERIENCE TOGETHER WITH THE YOUNG PEOPLE. MY EXPECTATIONS WERE SURPASSED. I STRONGLY ENCOURAGE YOUTH TO BE INVOLVED." (GERMAN)

"THIS YOUTH ALIVE PROGRAM IS THE BEST FINANCIAL INVESTMENT THAT OUR CHURCH CAN MAKE." (CANADA)

"WE FELT SO ACCEPTED BY THE GROUP. IF WE HAD ATTENDED A PROGRAM LIKE THIS, WE WOULD MOST PROBABLY NOT HAVE BECOME ADDICTS." (A GROUP OF YOUTH FROM SHANTI-SADAN CENTER OF ADDICTION RECOVERY, INDIA)

"I'M A CATHOLIC, AND I PERSONALLY FEEL THAT THERE WAS A BIG CHANGE IN MY LIFE SINCE I HAVE BEEN HERE. I LEARNED A LOT FROM THIS ADVENTIST PROGRAM AND IT IS NOT IMPOSSIBLE FOR ME TO BE CONVERTED TO YOUR RELIGION. THANK YOU VERY MUCH." (PHILIPPINES)



[WWW.YOUTHALIVEPORTAL.ORG](http://WWW.YOUTHALIVEPORTAL.ORG)



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